

Roller Skating Beginner Class (Class instructed in Cantonese)

Date 13 September 2025 (Saturday)

Time 3pm - 5pm

Venue Room 5A, D2 Place 1, 9 Cheung Yee Street, Lai Chi Kok

(1 minute walk from Exit D2, Cheung Sha Wan MTR station)

Basic Roller Skating Learning (60 minutes): Outline

> Safe falling and standing techniques Proper weight transfer on roller skates

Lateral movement, forward skating, and gliding

Coaches will adjust exercises or include fun games based on group progress

Group photo at the end of the learning session

Free activity (60 minutes)

HK\$220 for members; HK\$360 for non-members Fee

(Each member may bring along a non-member aged 5 or above at the non-member fee)

Quota 10 persons

Roller Skate shoes (smallest size 15cm) and other equipment costs inclusive. Remark

Please arrive 15 minutes early to put on equipment and complete the vendor's waiver form.

For safety and hygiene purpose, participants must wear mid-calf cotton socks.

Offered by Bun's 2020

Please complete the Enrolment Form below and email it to shksa@shksa.com or enrol online at Enrolment

www.shksa.com Participants will be chosen via lottery if the number of applicants exceeds the number of

available places.

Enquiries Please call 2562-2657 during office hours.

※ Enrolment Deadline: 17 August 2025 **※**

Website: www.shksa.com

Rules for participants

- 1. Members must present their staff cards when attending the activities/ interest classes.
- 2. Enrolment for any activities/ interest classes may not be transferred to other colleagues or friends.
- 3. Each member may only submit one enrolment form for each activity/ interest class. Repeated submissions may result in disqualification from enrolment.
- 4. Members must accompany non-members for activities / interest classes that accept non-members.
- 5. Confirmation of enrolment: Enrolment shall be confirmed by email or telephone. The enrolment results can also be found on www.shksa.com. Upon receipt of enrolment confirmation, members must settle the total amount required to be paid within five working days can be paid by cheque or bank transfer.
- 6. Cancellation policy: To cancel an enrolment, members must inform SHKSA within two working days after receipt of enrolment confirmation. Otherwise, **if a replacement cannot be arranged**, SHKSA shall charge the member the specified course/ activity fee and a penalty of HK\$200.
- 7. Absence: Absence without valid reasons or prior notice will not only waste the funding provided by SHKSA but also deprive other members of their chances to join the activity/interest class. If any vacancy is not replaced due to the above reasons, SHKSA shall charge a penalty of HK\$200 on attendees with an attendance rate below 50%. Please be punctual in any activity or interest class. Latecomers may not be allowed to enter the activity venue after commencement of the class.
- 8. Violation of rules: Any violation of the above rules may lead to suspension of membership for one year. SHKSA reserves the right to report to the supervisor of the member in case of repeated violation.

Roller Skating Beginner Class - Enrolment Form

Name of Member:		_ Company:	Staff Card No:	
Contact Numbers:	(office)	(mobile)	Email address:	
Total No. of Participant:		Total Fee: \$	Member's Signature:	

- Participants shall bear the sole responsibility for injuries arising from accidents or mishaps during the activity.
- Photos taken in the course of activities and interest classes organised by SHKSA may be uploaded to the website or be used in other means relating to SHKSA.
- The Roller Centre has the right to record all activities during classes and events. All video footage, and other content are owned by the vendor. The vendor has the right to disclose such content for internal review or publicity. If you do not want to appear on the camera, please notify the staff in advance.